

Marshalls Move for Mind

Today (Friday 29th June) sees members of staff from Marshalls sites across the world take part in their 'Move for Mind' initiative to raise funds for the mental health charity.

Over the course of the day, staff are undertaking a series of challenges including static bike cycles, walks, bike rides, and even disco-athons in their local areas to Move as many kilometres as possible.

Marshalls is generously sponsoring its employees by donating £1 to Mind for every kilometre travelled.

The event has seen a huge take up across the company's 48 UK sites, as well as overseas in countries such as Belgium, China, Dubai and America.

The 'Move for Mind' is one of a number of events and initiatives that are taking place throughout the year to raise funds for the charity, as well as working to break the stigma surrounding mental health in the workplace.

Jack Clarke, Marshalls Group Finance Director, said: "Mental health is an issue which touches everyone and affects most families, and Mind is a fantastic organisation which offers invaluable support for those who need a helping hand.

"My family and I suffered the loss of our son Daniel after a long term mental health issue, and received much support and help along the way, but we also learnt that there is a good deal more that needs to be done.

"The most important thing is to raise awareness, and make people feel comfortable and at ease talking to friends, family and colleagues about mental health as it is not something to be ashamed about.

"I'm incredibly proud of everyone at Marshalls for undertaking such a fantastic challenge, and I look forward to hearing the combined distance everyone has travelled."

-ENDS-

## For further information or images please contact:

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## Notes to Editors:

**Marshalls** is the UK's leading hard landscaping manufacturer and has supplied some of the most prestigious landmarks in the UK with hard landscaping solutions since 1880s. Marshalls strives to improve environments for everyone by using its expertise to create integrated landscapes that promote wellbeing, from using fairly traded stone and providing products that alleviate flood risks, to creating innovative protective street furniture.

www.marshalls.co.uk